

COVID-19 RELEASE FORM

At Loudoun Pilates, the health and safety of our clients and Instructors are our number one priority. We are following all state and local directives regarding COVID-19 procedures. As studios open across the country, extensive health and safety measures are being taken with new studio guidelines to provide everyone with a safe experience. As this is an evolving situation, we continue to monitor this situation in real-time to ensure the proper precautions are being taken so everyone feels safe coming into the studio; we’re strictly following the CDC’s recommendations and adjusting operations to keep you and our team members safe and healthy.

Please **DO NOT** come to the studio if you have a fever, cough, sore throat or any other COVID-19 symptoms OR have been exposed to anyone who has been diagnosed with COVID-19 for 14 day. We ask that you kindly stay home if you are experiencing any other symptoms of any illness.

As with the transmission of any communicable disease like a cold or the flu, you may be exposed to COVID-19, also known as “Coronavirus,” at any time or in any place. Be assured that we have always followed state and federal regulations and recommended universal personal protection and cleaning protocols to limit transmission of all diseases in our studio.

Despite our careful attention to cleaning and social distancing there is still a chance that you could be exposed to an illness in the studio, just as you might be anywhere. Social Distancing measures nationwide have reduced the transmission of the Coronavirus. We are following all guidelines put forth by the CDC, state, and local authorities. Additionally, we are proud to be part of the Loudoun is Ready initiative.

INITIAL:

_____ Although exposure is unlikely, I accept the risk, releasing Loudoun Pilates from all liability and choose to participate in Loudoun Pilates services.

_____ I will adhere to all studio COVID-19 policies.

NAME

SIGNATURE

DATE